**What is ICT (information and communications technology or technologies)?**

ICT, or information and communications technology (or technologies), is the infrastructure and components that enable modern computing. Among the goals of IC technologies, tools and systems is to improve the way humans create, process and share data or information with each other. Another is to help them improve their abilities in numerous areas, including business; education; medicine; real-world problem-solving; and even leisure activities related to sports, music, and movies.

There is no single, universal definition of ICT because the technologies, devices and even ideas related to ICT are constantly evolving. However, the term is generally accepted to mean all devices, networking components and applications. When combined, these help people and organizations interact in the digital world.